

Summer Camp Packing List

This is a suggested clothing and equipment list for **two weeks** of Summer Camp.

* Meds (please send a sufficient amount of meds for the duration of the program)
Meds will be held in the Summer Camp Medical Office and dispensed by the Medical Team.

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| * Laundry bag | * Hat(s) |
| * Toiletries (in plastic containers) | * Raincoat or poncho with hood |
| * Shower shoes | * 2 pairs shoes (at least 1 pair gym shoes) |
| * 1 Warm jacket | * 1 pair aqua sandals or water shoes |
| * 2 Sweater(s) and/or sweatshirt(s) | * 1-2 Swimsuit(s) |
| * 2-3 pair of Pants | * 1-2 Beach towels |
| * 8 pair of Shorts | * Duffel bag/suitcase |
| * 16 Shirts | * Flashlight with extra batteries |

Socks, PJs, undies, etc. (enough for the full duration of camp, a few extra is also good),
Bug spray, Sleeping bag/pillow, Money – for Canteen or Camp Store, Sunglasses, Camera and film
(bring at your own risk), Lip balm or Chapstick (with sunscreen is suggested), Paper, stamps,
envelope, pens (for letters home; parents please pre-address for little ones)

Some campers have also recommended bringing a nice outfit for the dance (not necessary but some campers like to dress up a little), a small backpack, and a reusable water bottle.

ADDITIONAL NOTES

LABEL CLOTHING: All clothing should be labeled with a permanent marker or have name labels.

While some of the buildings have A/C, you can choose to send an electric fan with your child; they may use it in their cabins.

CELL PHONES - *Use of a phone during is prohibited at any time while part of a One Step Programs. Please do not send your child to camp with a phone.*

ELECTRONIC ITEMS: COSI discourages campers and volunteers from bringing electronic equipment to camp such as (but not limited to) cameras, iPods, mp3 players, electronic games or systems, radios, laptop computers and portable DVD players. Bring at your own risk. COSI and its officers, directors, employees and volunteers shall bear no responsibility for lost, damaged or stolen items.

CARS: No campers will be allowed to drive their personal car during the camp session. If they do bring a car to camp, the keys **MUST** be turned over to their assigned Program Leader or to the Summer Camp Director when they arrive. Campers have no need for personal transportation while at camp. Keys will be returned on the last day of camp.

LINENS: Basic linens (sheets, pillow cases, blankets, towels and washcloths) are provided.

Camp One Step • Programs for Kids with Cancer

Summer Camp • Brain Tumor Family Camp • Sibling Camp • Utah Adventure Program Dude Ranch Program •
Family Camp • Winter Camp • Utah Ski Program • Chicago Day Camp
Washington D.C. Program • Seabees Program